

Highlights of Madiba's birthday in St Francis

67 minutes with Laurentia George of Sea Vista who cooked extra special meals - curry and rice and veges - for the frail and elderly today on Nelson Mandela's Birthday.

Laurentia tries to feed at least 20 sick or old folk a day with her two helpers Loretta and Salome. The trio takes the food in big plastic containers to the homes, and dishes up a meal on a plate at each home. St Francis Chronicle, owing to time constraints, could unfortunately not go to all the homes this afternoon, though was invited to. She did manage to visit the

homes of four frail or sickly Oumas, in their late 70s or 80s... Ouma Kolletjie, Ouma Doortjie, Ouma Caroline and Ouma Stella.

Ouma Kolletjie said she so looks forward to getting these nourishing meals most days of the week. All the Oumas expressed their gratitude. Laurentia feeds these people out of her own pocket and she needs funds to be able to help more elderly every day. Anyone willing to help financially or donate foodstuffs, please contact Laurentia on 072 553 9654



Laurentia hands a plate of food, above, to one of the frail Oumas. Below is Nerine Botha and staff handing out pet food to Sea Vista residents.



Chas Everitt St Francis Bay and Jeffreys Bay took the day off on Mandela's Birthday to donate food and items to various charities in Kouga. Chas staff are seen here at a Sea Vista soup kitchen that is run by Aggie.



Pam Golding (PG) Properties St Francis Bay thanks all the sponsors that contributed to PG's Mandela Day SPCA appeal. A big pile of dog food and blankets, plus some cash was delivered to the SPCA.

Photo: chairman Joy van Hemert, Manager Rob, Desiree Ferreira and PG's Richard Ardenie Properties, and Susan Rae Fox.



67 Minutes with Aloe Veterinary Clinic in St Francis Bay... Dr Nerine Botha and helpers handed out 170 packets of dog food and 80 shampoos for dogs... in honour of Nelson Mandela's birthday.

Caffe Bijoux - Sunday Special

EVERY SUNDAY

Lunch and dinner
Choice of 2 starters

Main: roast beef and vegetables
baked potato & sour cream - R99



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